

HOUSE RULES

Dear members of the fitness center

In the interest of good order and proper hygiene, we depend on your assistance. We therefore take the liberty of pointing out the most important points of our house rules. The house rules are binding for all members. Our staff is responsible for ensuring that they are observed. The instructions of the staff are to be followed. We would like to draw your attention to the fact that for security reasons the entrance, reception, checkroom access and fitness areas are monitored by video cameras.

⇒ Hygiene

Hygiene regulations must be strictly observed. Street shoes may only be worn to the checkroom. Food may only be consumed at the store.

⇒ Sports clothing

The fitness and gymnastics rooms may not be used without a leotard or in street clothes. In addition, a clean towel must be brought and used as a sweat pad. Access to the fitness areas is only allowed with clean indoor shoes.

⇒ Checkrooms / Showers

Street clothes belong in the checkroom. Please do not hang or leave sweaty clothes. Sports bags must be left in the cloakroom/lockers during your visit. Dressing rooms must be cleared after practice. The showers must be left clean.

⇒ Liability

The use of the fitness center is at your own risk. The Fitness Center Turgi or its staff are not liable for any damage resulting from an accident, injury or illness. Fitnesscenter Turgi is not liable for the loss of effects, valuables, money, clothes etc.. The conclusion of an insurance is the responsibility of the member.

⇒ Cleaning and clearing away of the equipment

After training, the fitness and strength equipment must be cleaned. Loose fitness equipment, such as free weights and weight plates, must be put back in their original places after use. The fitness center is generally cleaned in the evening after hours.

⇒ Noise Emissions

The volume of mobile equipment shall not disturb other members. Other disturbing noises will also not be tolerated.

⇒ Prohibited is

- filming and photography in general
- taking animals with you
- offensive and indecent behavior
- consumption and trade of alcoholic beverages incl. drugs/doping

⇒ Smoking ban

Smoking is prohibited in the entire area of the fitness center.

⇒ Opening hours

The gym is usually open daily from 6 am to 10 pm.

⇒ Parking

Parking of cars is only allowed during training in the marked spaces free of charge. Furthermore, we ask all members to leave the area in a moderate manner (without squealing tires and howling engines).

⇒ Access

The access badge is personal and non-transferable!
It is forbidden to allow unauthorized persons to enter or to borrow the badge.
It is also not allowed to bring children into the training zone!
Children are to be left in the supervised crèche during the crèche opening hours.

⇒ Drugs / Doping

The trade and consumption of drugs or doping (anabolic steroids) is prohibited on the entire area of the fitness center including the parking lots.

⇒ Misconduct

Misconduct will result in a claim for damages plus turnover compensation and immediate expulsion from membership without entitlement to a refund of the membership fee and the deposited badge deposit.

For questions and information you can reach us by email info@fitnesscenter-turgi.ch.
Our staff will be happy to assist you during the hours of supervision.

Turgi, 01 September 2016

Fitness Center Turgi GmbH
The management